

SAILING INSTRUCTIONS

2009 LIDO 14 DISTRICT 1V CHAMPIONSHIP REGATTA

1. **Rules**

The Regatta will be governed by the “Rules” as defined in the Racing Rules of Sailing (RRS) (2009-2012) as well as the rules of the Lido 14 one-design class.
2. **Safety**
 - 1.1 Each participant is solely responsible for his/her personal safety. However, in circumstances considered hazardous by the Race Committee, they may exercise the authority to require a boat to accept help.
 - 1.2 US Coast Guard Approved Personal Floatation is REQUIRED and must be worn at all times during racing.
3. **Notice to Competitors**

Notice to competitors will be posted on the AYC bulletin board on the outside west wall of the AYC clubhouse.
4. **Changes to Sailing Instructions and Schedule**

Any change to the Sailing Instructions or Schedule will posted on the AYC bulletin board no later than 1 ½ hours prior to the first scheduled start for that day.
5. **Schedule**

Saturday July 18th

9:00 –12:00	Hoist launch assistance
10:00-1:00	Registration/check in at AYC clubhouse
1:00	Skippers meeting at AYC clubhouse
2:00	Race Day #1 First Warning (4 races scheduled)*
6:30(approx)	Dinner at AYC clubhouse

Sunday July 19th

11:00	Race Day #2 First Warning (3 races scheduled)*
2:30	No races to start after this time
ASAP	Awards at AYC clubhouse

*the race committee may start more than three races on Sunday (within the time limit) if all 4 scheduled races are not completed on Saturday
6. **Courses**

Courses to be used are displayed on the last page of the race instructions and shall be displayed on the Race Committee boat prior to each start. The courses will be windward leeward only and either once or twice around. The committee boat will display a “1” for once around and a “2” for twice around. The start line will be between an orange flag on the committee boat and a round orange mark. “W” will be an yellow mark to windward of the start/finish line and “L” an yellow mark to leeward of the start finish line
7. **Start/Finish Line Restrictions**

After completing the first leg of the course the start/finish line ranks as an obstruction. After completing the first leg of the course a boat may not cross the start/finish line unless finishing. A boat that breaks this rule can correct her error as per *RRS Rule 28.1*–Signals made ashore/afloat

 - 1.1 Signals made ashore will be flown from the flag pole in front of the AYC clubhouse
 - 1.2 Signals made afloat will be from the committee boat
8. **Scoring**

Low point scoring will apply with a throw out ONLY if 5 or more races are sailed. A boats total score will be the sum of the scores for all races except that DNF = number of finishers +1, DSQ = number of starters + 2, DNS = number of starters + 2, OCS= starters + 1
9. **Time Limit**

Any boat failing to finish within 30 minutes of the first place finisher will be scored DNF
10. **Protests**
 - 1.1 Written protests shall be filed with the Race Committee at the AYC clubhouse with 1 ½ hours of the finish of the last race of that day
 - 1.2 The race committee shall post the identity of the protesting and protested boats on the notice board upon receiving the written protest.
 - 1.3 Protests will be heard downstairs at the AYC clubhouse

11. Starting Signals

Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

Heads up	several short horns		
Warning	one horn	class flag	5 minutes
Preparatory	one horn	prep flag	4 minutes
One minute	one horn	prep flag removed	1 minute
Starting	one horn	class flag removed	start

12. Recalls

1.1 Per RRS 29.1, if one or more boats are over early, the Race Committee will raise the individual recall flag (code flag “x”) and make an attempt to hail boats sail number. Once the boats have cleared and restarted, the Race Committee will lower the “individual recall” flag.

1.2 If a general recall is required, the Race Committee will signal and restart per RRS 29.2